
The Catechesis of the Good Shepherd (Atrium):

-Pray (think of something/someone to be Thankful for, someone that makes your heart smile)

-Pray together as a family

-Almsgiving -Smile

-Make a picture for somebody

-Help someone in need

-LOVE with all your heart

-Be kind, share, take turns

-Enjoy life and time with your family

Websites: Catechesis of the Good Shepherd (www.cgsusa.org)

-Real life at home.com (Lent activities for families)

Let Your Light Shine!!!