## From the Preschool Team

Here is a list of helpful skills to practice before entering Preschool

- 1. Potty trained
- 2. Manage clothes with little assistance for toileting
  - 3. Wipes self after toileting
  - 4. Able to follow 1-step directions
  - 5. Willing to separate from loved one
- 6. Manages anger without biting or hitting/shoving/spitting
  - 7. Able to sit for 3-5 minutes to "read" a book
    - 8. Able to look to an adult for help
    - 9. Able to play with 1 other child
  - 10. Able to play alone for short periods of time
    - 11. Can tell an adult his/her own name
    - 12. Has an interest in going to school
  - 13. Willing to clean up when done with toys
    - 14. Is willing to try new things
  - 15. Play intently with non-electronic toys for 5-10 minutes



