From the Pre-K Team

Here is a list of helpful skills to practice before entering Pre-K

- 1. Clean up after self
- 2. Lots of scissor practice
- 3. Able to follow 2-step directions
- 4. Puts on own coat (or willing to try)
 - 5. Can wash hands
 - 6. Can identify own name
- 7. Can independently wipe self after using the bathroom
- 8. Lots of fine motor experience (little Legos, beads on a string, pincer grip with pencil etc.)
 - 9. Able to confidently leave parent/loved one
 - 10. Talk about feelings
 - 11. Look at books independently
 - 12. Play with 2-3 other children
 - 13. Trace letters in own name
 - 14. Take turns
 - 15. Pay attention to a short book
 - 16. Play intently with non-electronic toys for 15 minutes
 - 17. Can manage own clothes for toileting
 - 18. Has a sense of safety
 - 19. Can let someone know when help is needed
 - 20. Exhibits confidence in trying new things with help



